

CURSO: 2023 - 2024

CENTRO: CHAMBERÍ MENÚ BASAL ABRIL

Lunes	Martes	Miércoles	Jueves	Viernes
DIA 01 VEGETABLES CREAM SPAGHETTI WITH BOLOGNESE SAUCE FRUIT	DIA 02 LENTIL SOUP CHICKEN CROQUETTES WITH RUSSIAN SALAD FRUIT	DIA 03 PUMPKIN CREAM POLLOCK WITH ONION SAUCE AND VEGETABLES WHOLEMEAL BREAD AND DAIRY DESSERT	DIA 04 CHICKEN SOUP BLACK BEANS WITH RICE FRUIT	DIA 05 CARROT CREAM BURGER AND FRIES FRUIT
DIA 08 RANCHO CANARIO SPANISH TORTILLA FRUIT	DIA 09 SPINACH CREAM POLLOCK WITH GARLIC SAUCE AND STEW POTATOES FRUIT	DIA 10 ZUCCHINI CREAM MACARONI WITH CARBONARA SAUCE WHOLEMEAL BREAD AND DAIRY DESSERT	DIA 11 GRESSES CREAM FISH CHURROS WITH RUSSIAN SALAD FRUIT	DIA 12 PEA CREAM CARNE FIESTA FRUIT
DIA 15 CARROT CREAM PASTA WITH NEAPOLITAN SAUCE FRUIT	DIA 16 VEGETABLES CREAM CUBAN STYLE RICE FRUIT	DIA 17 ZUCCHINI CREAM ROPA VIEJA WHOLEMEAL BREAD AND DAIRY DESSERT	DIA 18 BROCCOLI CREAM BAKED CHICKEN WITH SALAD FRUIT	DIA 19 PUMPKIN CREAM SPRING ROLLS WITH THREE DELICIAS RICE FRUIT
DIA 22 VEGETABLES CREAM PAELLA FRUIT	DIA 23 BEAN CREAM LOIN WITH APPLE SAUCE AND VEGETABLES FRUIT	DIA 24 LEEK CREAM TUNA WITH MOJO AND STEWED POTATOES WHOLEMEAL BREAD AND DAIRY DESSERT	DIA 25 SPINACH CREAM FABADA FRUIT	DIA 26 ZUCCHINI CREAM CHICKEN FINGERS WITH FRIES FRUIT
DIA 29 PUMPKIN CREAM TORTELINI WITH CHEESE SAUCE FRUIT	DIA 30 GRESSES CREAM MEATBALLS WITH RICE FRUIT			

VISITA NUESTRA WEB: [WWW.ELGUSTODECRECER.ES](http://WWW.ELGUSTODECRECER.ES)Menú elaborado por el Departamento de Nutrición . Dietista M<sup>º</sup> Auxiliadora García Encinoso